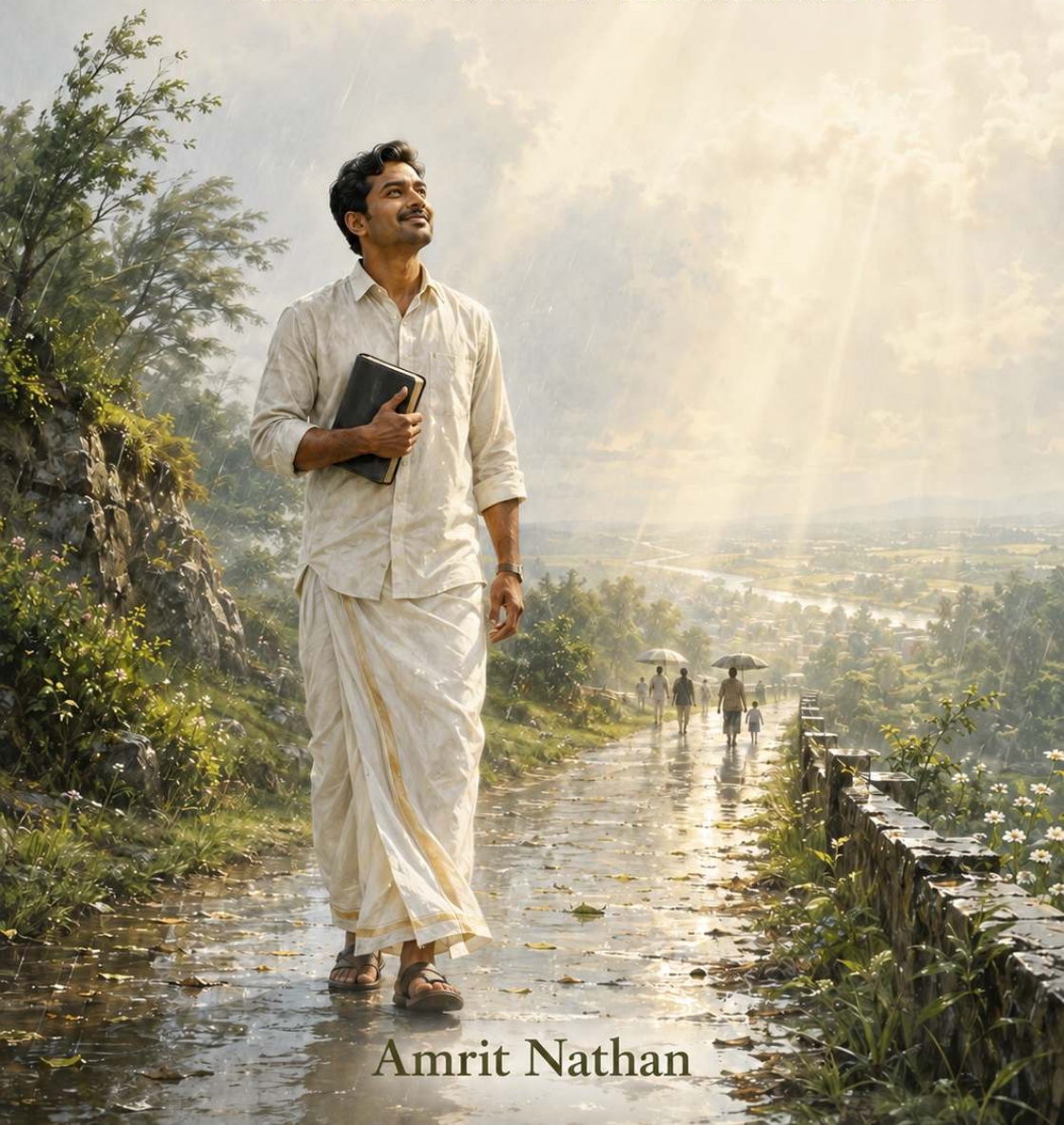


COUNT IT ALL JOY

When Trials Teach Us the Father's Nature



Amrit Nathan



Sabbath Shalom Family

JOY IN THE TRIAL

My brethren, count it all joy when you fall into various trials, knowing that the testing of your faith produces patience.

— James 1:2–3, NKJV

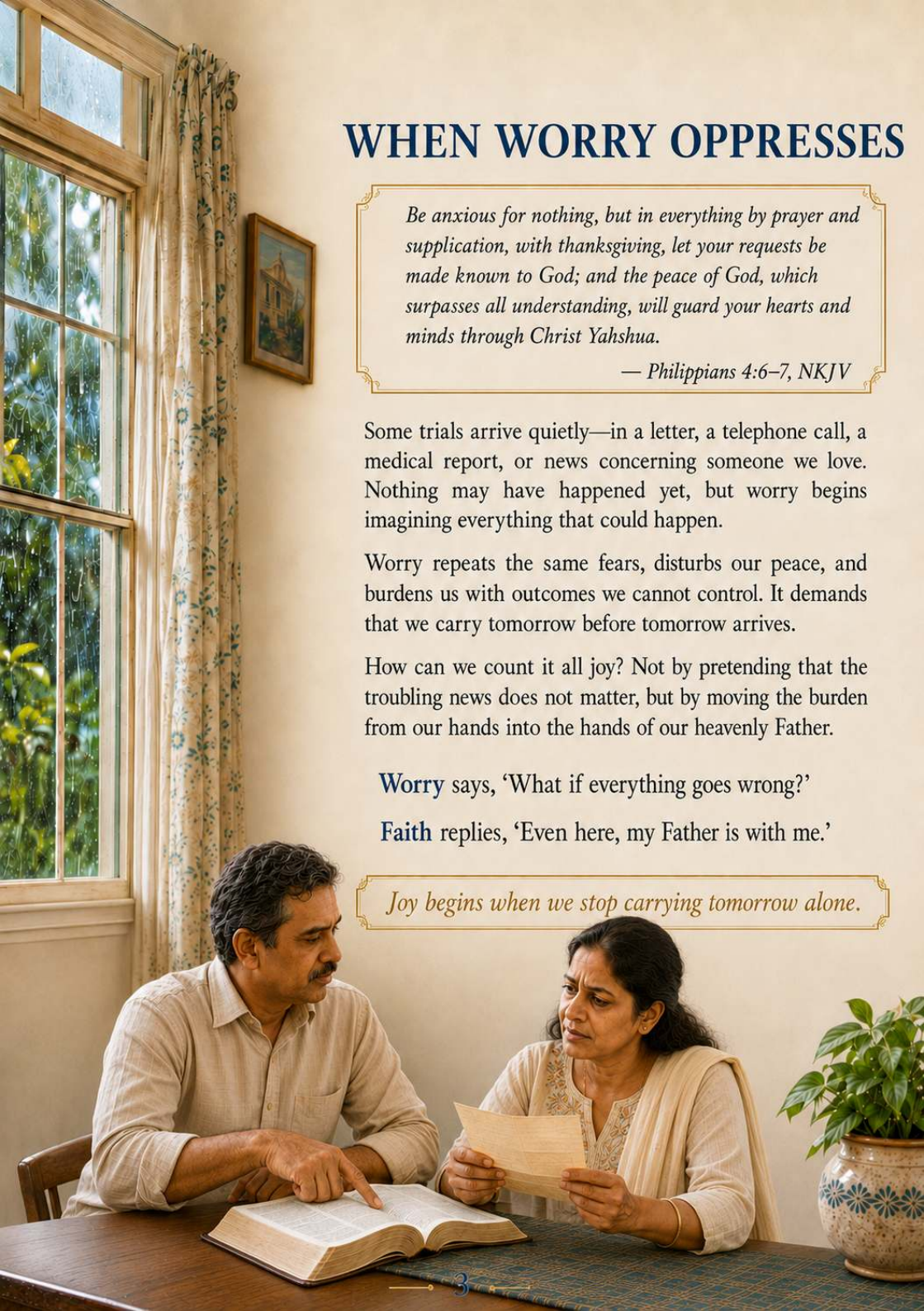
Our natural reaction is usually the opposite. When trials arise, we complain about our troubles, search for sympathy, defend ourselves, or do everything possible to escape the unpleasant situation. Yet James asks us to count it all joy.

Not because the trial itself is pleasant, but because of what God can produce within us through it. A trial exposes our anger, fear, pride, impatience, and desire to retaliate. But it also gives us an opportunity to respond differently.



Will the trial make us bitter—or will it make us more like our heavenly Father?



A man and a woman are seated at a wooden table in a bright room with a large window. The man, on the left, is pointing at an open book. The woman, on the right, is holding a piece of paper and looking at it with a concerned expression. A potted plant is on the table to the right. The background features a window with patterned curtains and a small framed picture on the wall.

WHEN WORRY OPPRESSES

Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God; and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Yahshua.

— *Philippians 4:6–7, NKJV*

Some trials arrive quietly—in a letter, a telephone call, a medical report, or news concerning someone we love. Nothing may have happened yet, but worry begins imagining everything that could happen.

Worry repeats the same fears, disturbs our peace, and burdens us with outcomes we cannot control. It demands that we carry tomorrow before tomorrow arrives.

How can we count it all joy? Not by pretending that the troubling news does not matter, but by moving the burden from our hands into the hands of our heavenly Father.

Worry says, ‘What if everything goes wrong?’

Faith replies, ‘Even here, my Father is with me.’

Joy begins when we stop carrying tomorrow alone.

THE FATHER'S NATURE

"Love your enemies, bless those who curse you, do good to those who hate you, and pray for those who spitefully use you and persecute you."

— Matthew 5:44, NKJV

"That you may be sons of your Father in heaven; for He makes His sun rise on the evil and on the good, and sends rain on the just and on the unjust."

— Matthew 5:45, NKJV

The Father does not allow the conduct of others to change His nature. He continues to give light and rain even to those who neither acknowledge nor thank Him.

When we forgive instead of retaliating, bless instead of cursing, and pray instead of condemning, something profound happens within us:

We begin to acquire the nature of our heavenly Father.

The trial has not merely tested us—it has transformed us. What first appeared as an injustice or an oppressive burden becomes an opportunity to grow in patience, mercy, faith and love.

COUNT IT ALL JOY.

Every trial carries an invitation: Do not merely endure it—allow it to make you more like your Father.

